

AMHA DEVELOPMENT PHILOSOPHY

Dev. Objectives

Deliver Age & Skill Appropriate Instruction to all Streams / Level of Play within AMHA

Key Pillars of Success

Initiation (H1-4) Program

✓ Develop Fundamental Core Hockey Skills in a safe & fun environment.

1. Utilize teaching stations & small area game play to give our youngest players the best start possible
2. A safe learning environment combined with fun & low intensity competition
3. Foster the importance of teamwork & sportsmanship

Atom Recreational Program

✓ Offer C / Recreational Players the opportunity to improve their individual skills to better enjoy the game & achieve a higher level if that is their goal.

1. Reinforce technical components of individual skills
2. Utilize teaching stations & small area games
3. Introduce individual tactics to assist players with game play situations

Atom Rep Program

✓ Provide a high tempo learning environment for Rep Players who are looking to take their game to the next level.

1. Continue to develop Individual Skills with & without the puck
2. Improve "Speed of Execution" by working on fundamental skills at higher rate of speed
3. Work on Individual Tactics required at the Rep Level
4. Incorporate position specific teaching

Foundational "Must Do's"

1. Maintain a strong focus on Individual Skills required for each level

2. Ensure the learning environment is SAFE and FUN at all times.

3. Provide the skills required to enjoy the game now and for a lifetime in hockey.