

Abbotsford Minor Hockey

Development 2022-23



Objectives

- 1- To continue & improve weekly skill development executed by the Dev Team U13 & under.
- 2- To continue to make goalie development priority in U8 and up.
- 3- To mentor and support all coaches in the association.
- 4- To give all coaches resources to support the new coaches & advanced coaches.

1-Weekly Skill Development Improved

We will continue the 12-week curriculum program for all U13 and under Rec / U8 / U9 levels. This will be ran by the AMHA Development Team and scheduled similar to last year. We will be more team and position specific for the U11/13 Rep Teams working closely with their coaches and team needs. We are working hard to support the U7/8/9 coaches with additional ice weekly to help develop each teams' coaches, managers and players so that the teams can have a development session, team practice/game, and a small area games day vs other teams tiered A/B groups in cross ice hockey. U15 and 18 divisions will be developed/supported by the A1 paid coaches and Peter Hay as needed. The Jr.Hawks program will continue each weekend for the U6/7 age groups with some fun new ideas to support the players learning and growth. Lastly, we are excited to add a weekly session for U11/13 Rec Elite players to develop them around similar level players to help them to achieve a future rep team and have fun on the ice around a rep style practice, pace and compete. This group of selected players will be announced after evaluations and rep releases.

2-Goalie Development

We are excited to continue the goalie focus development in each Tuesday goalie only session and every AMHA Dev Team ice time. We will have two Goalie Dev coaches at every ice time Tuesdays along with Jr Staff. We will have a goalie coach at every skills session to support the goalies on each team. On the younger teams a rotation can take place giving some opportunities to grow new goalies. Our dev Team goalie coaches are willing to help coaches and support them as needed to goalies can continue to develop on regular ice times.

3-Coach Mentorship & Support

We are excited to put a major focus on coaches this season. We want to give our coaches everything they need to be successful and enjoy this very important role. Peter Hay will be the associations coach mentor. Peter is excited to work with coaches in the early stages of the year and work side by side to help and collaborate a season plan, guided lesson / drill planning, and continued support throughout the season. Peter is available to all coaches in the association at every age but will be intentionally meeting with all head coaches U13 and under at their own convenient ice times. Schedules will be set up once team schedules are in place.

4-Coach Resources

We are extremely excited to announce that AMHA has put an investment into coach resources to support each coach. We have 5 ways we are intentionally going to support coaches with resources. We appreciate all the time and commitment from the coaching staffs and we want to make it a rewarding and enjoyable experience where the players are developed by confident & supported leaders. We also want to make it really easy while supporting coaches so that these resources are widely used in the association.

- 1- AMHA Website will be updated with great coach resources.
 - 2- Peter Hay will be available to all coaches and will share resources as needed specifically to each coach need.
 - 3- The coach mentorship program for all U13 and under coaches will include resources.
 - 4- The Coaches Site. This online web-based resource is a tool for every head coach to have a log in to find any resource specific to their needs. Search anything you're looking for and a resource will come up to help you. More info to come.
 - 5- Coach Vision. This is a drill building and sharing program. We have created an AMHA portal so all coaches can have access to all the drills created by Peter Hay, AMHA Rep coaches, and the program professionals themselves. There will be amazing drills at the fingertips of every coach by age and drill specifics. Best part is that it's all 3D and can be seen on any device as if you're watching it live. No more figuring out arrows and PDFs and long reads. Just watch it.
- **Pilot Project** - Video Analysis will be used by U11,13,15,18 A1 head coaches to teach via video from their teams' games. After reflecting on these 4 teams, we will look to go to all Rep teams the following year 2023-24. If a team wants to join the pilot project, please contact us once the team and budget are in support of this. Simply put, kids learn by seeing it & there are many programs to cut up a game video so coaches have clips at their fingertips to show their players to develop the team. Video camera, projector, and screen will be part of the programs initial costs.