



InStat

InStat Video Information Sheet

How to video the game

- Teams may use a phone, tablet, or video camera.
- Make sure your device has at least 12-15 GB available storage for the video.
- You must video at **60 frames per second** (fps). Anything less won't work.
- You can sacrifice video quality for 60 fps. For example, you don't have to video at 4k, it could be 1080p or even 720p if that makes the size of the file work.
- The video should be done by period. Three different video files.

How to submit the game to InStat

- Upload the video file to a google drive account or equivalent.
- Make sure you do not choose any compression options.
- Email the following to colleges@instatsport.com and datahockey@instatsport.com:
 - Google drive (or equivalent) link to the videos
 - a copy of the electronic game sheet